



## common boneset

### *Eupatorium perfoliatum*, L.

#### Alternate Common Names

boneset, thoroughwort

#### Scientific Synonyms

*Eupatorium chapmanii* Small, *Eupatorium perfoliatum* var. *colpophilum* Fernald & Griscom, *Eupatorium perfoliatum* var. *cuneatum* Engelm.

#### Functional Group

forbs (wildflowers)

#### Family

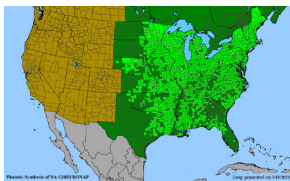
aster or sunflower family (Asteraceae)

#### Description

- » **Life cycle/growth form:** Perennial, short-rhizomatous, spreads slowly to form small colonies.
- » **Height:** 2-4 ft
- » **Leaves and stem:** Leaves join around the stem making them look like one leaf (perfoliate) and then taper to a point, opposite arrangement (rarely whorled), leaf margins are wavy with small teeth (crenulate), leaf surfaces have a wrinkled appearance, upper and lower leaf sides are hairy; stems are hairy, erect, and branched in the upper portion of the plant.
- » **Flower:** Tiny heads (¼ in) of up to 15 disc florets (no visible “petals” or rays), grouped in flat-topped to slightly domed clusters of dozens to hundreds of heads; flower clusters appear fuzzy due to thin styles that extend from each floret.
- » **Fruit/seed head:** Clusters become fluffy from the center outwards as seeds mature and pappus expands.



#### Habitat and Range



Moist to wet, organic-rich soil; full sun; wet pastures, sedge meadows, fens; The USDA classifies it as an Obligate Wetland species in the Midwest region. It benefits from irrigation in production systems.

#### Conservation Status

Global- G5, secure; Kansas- S3, vulnerable (NatureServe)

#### General Comments

The clouds of sweet-scented flowers attract a diverse assemblage of pollinating insects. Bitter compounds in the foliage deter mammalian herbivores, although some moth larvae use common boneset as a host plant. This species has traditional medicinal and ceremonial uses among Native tribes within its range, and was adopted as a treatment for colds and fevers by colonial settlers. It is currently under investigation by researchers in Germany and India for use in treatment of viral illnesses such as colds, flu, and dengue fever as well as malaria. Caution: this plant also contains phytochemicals that may be toxic to the liver.

#### Establishment for Seed Production (Appendix A)

##### Direct seeding:

We do not have experience direct seeding this species for seed production. It reportedly has low germination rates in direct seedings. High seeding rates and fall planting are recommended.

##### Greenhouse:

- » **Seed pre-treatment:** 60 days cold-moist stratification.
- » **Sowing:** Seed is small and should be surface sown. If started in germination flats, transplant to individual plugs when seedlings have their first pair of true leaves, about 4 weeks after seeding.
- » **Transplanting:** Seedlings are ready to transplant to the field about 6-8 weeks after being transferred to plugs, when their roots are well-branched and numerous root tips are visible at hole(s) in the base of the plug. Pop out a few plugs to check for adequate root development that will provide sturdy plugs for planting. Seedlings are fast growing and may need to be clipped back before transplanting to improve the shoot:root ratio. A week or two before transplanting, move flats outside to ‘harden off.’ (See Propagation chapter in General Information for more details).

#### Stand Management

- » **Weeds:** In the first season after transplanting, weeds are suppressed by a plastic weed barrier. Plants spread slowly by short rhizomes; in second and subsequent years, holes in plastic may need to be expanded or plastic removed to make room for new stems. Well-established plots shade out most weeds.
- » **Pests:** None noted.
- » **Diseases:** None noted.
- » **Soil moisture:** Irrigation is necessary in most soils to obtain maximum seed yield.

#### Seed Production (Appendix B)

- » **First harvest:** Plants flower and set a little seed the first year when transplanted in spring.
- » **Yield:** 80-130 pounds/acre (based on 1 plot)
- » **Stand life:** unknown
- » **Flowering date:** August - September in northeast Iowa
- » **Seed maturity/Harvest date:** mid-September - mid-October
- » **Harvest date range at TPC (2022-2023):** Sept 15 - Oct 7
- » **Recommended harvest method:** Watch for the centers of seed clusters to begin shattering, and pick early maturing seed heads (clip stalks below seed clusters). If some heads in a cluster are still closed (not fluffy), pull apart a few heads to see

